



Physical Education Waivers

The 2008 Legislature passed Senate Bill 610 which changed section 1003.455, Florida Statutes, requires 150 minutes each week of physical education for students in grades kindergarten through fifth grade, and beginning in the 2009-10 school year, the equivalent of one class period per day of physical education for one semester of each year for students in grades six through eight. Students in grades K-8 are eligible to waive the physical education requirement if they meet any of the following criteria:

- The student is enrolled or required to enroll in a remedial course; and
- The student's parent indicates in writing to the school that
 1. The parent requests that the student enroll in another course from among those courses offered as options by the school district; or
 2. The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

If you are interested in exercising either option #1 or 2 listed above, please fill out the attached waiver request and return it to your son/daughter's school office personnel.



Student Name: _____

Grade: _____ Teacher: _____

I am requesting that the Elementary/Middle School **Physical Education requirement be waived** for the following reason (check appropriate space below):

_____ I request my child be placed in another exploratory class based on seat availability. **I understand I cannot request placement in a specific exploratory class.**

_____ My child participates in organized physical activities outside the school day which is equal to the mandated requirement (150 hours/week)

Please return this form to the school's office.

Parent Signature: _____

PRINT name: _____

Date: _____